



Healthy Foods – Survey Questions

Questions were answered by parents with children age 4-18.

Q1. How important is it to you that your child...

	Extremely important	Very important	Somewhat important	Not important
Limit junk food				
Eat fruits & vegetables every day				
Learn to eat different foods				
Limit sugary drinks				
Limit fast food				

Q2. What are the challenges of getting your children ages 4-18 to eat a healthy diet?

	Major challenge	Minor challenge	Not a challenge
Healthy food costs too much			
My kids don't like healthy food			
Healthy food is not available where I shop			
Hard to tell which foods are really healthy			
Healthy food is not convenient			

Q3. How much do you agree with the following?

	Strongly agree	Somewhat agree	Disagree
Eating habits during childhood will have a lifelong impact on health			
I am confident that I am doing a good job shaping my child's eating habits			

Q4. Overall, my child's diet is...

1. Very healthy
2. Mostly healthy
3. Somewhat healthy
4. Not healthy

Participants were also asked demographic questions on gender, race/ethnicity, annual household income, education and insurance status.

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