



National Poll

on Children's Health

Sports Physicals – Survey Questions

SURVEY QUESTIONS FOR PARENTS WITH A CHILD AGE 10-17.

Q1. Does your child(ren) participate in sports? (Include team sports and individual sports like tennis, skateboarding or skiing.)

School sports	Competitive (travel) team or sport	Recreation ("for fun") sports	No sports
1	2	3	4

Q2. Did your son/daughter ever need a sports physical in order to participate?

- Yes 1
- No 2

Q3. Where did the most recent sports physical take place?

- Child's usual health care provider 1
- School 2
- Urgent care / walk-in clinic 3
- Other 4

Q4. In the future, when your child needs a sports physical, how important is it to have the health care provider discuss the following?

Very important	Somewhat important	Not important
1	2	3

1. Child's medical history
2. Nutrition
3. Steroids / Performance-enhancing drugs
4. Concussions
5. Alcohol and drugs

Q5. How important is it to have the health care provider do the following during sports physicals?

Very important	Somewhat important	Not important
1	2	3

1. Test vision
2. Measure blood pressure
3. Test for heart problems with an echocardiogram or EKG
4. Give vaccines that children may be missing
5. Brain MRI or CAT scan for children who have had a concussion

Q6. Which of the following best describes your opinion about sports physicals?

- Sports physicals should always be done by the child's usual health care provider 1
- Any qualified health care provider can do a sports physical 2

Q7. Please rate your level of agreement with this statement: Sports physicals are NOT a substitute for regular check-ups with my child's usual health care provider.

- Strongly agree..... 1
- Agree 2
- Disagree 3
- Strongly disagree 4

Participants were also asked demographic questions on gender, race/ethnicity, annual household income, education and insurance status.

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