

Mott Poll Questions



C.S. MOTT
CHILDREN'S HOSPITAL
UNIVERSITY OF MICHIGAN HEALTH

Fast Food

The following questions were answered by parents with children age 3-18 years old.

Q1. Since the start of the COVID-19 pandemic (March 2020), how have your family's eating habits changed?

	More often	Less often	About the same	We don't eat fast food
a. Had fast food (including pizza)				
b. Cooked meals at home				
c. Ordered carry-out from restaurants				

Q2. Over the past 3 months, how often has your [x]-year old child had fast food?

1. Every day
2. More than twice a week
3. Once a week
4. A few times per month
5. Rarely or never

Q3. Do you do any of the following when your children have fast food?

	Yes	No
a. Encourage healthier options		
b. Read nutritional information		
c. Allow them to choose what they eat		
d. Limit unhealthy items (fries, milk shakes, etc.)		

Q4. What does your [x]-year-old child typically drink when they have fast food?

1. Soft drink/pop/soda
2. Milk
3. Water
4. Juice
5. Other

Q5. How much do you agree with the following statements about meals during the past 3 months?

	Strongly agree	Agree	Disagree	Strongly disagree
a. I am often too stressed to cook				
b. I am often too busy to cook				
c. Our family meals have been healthier				

Q6. How much do you agree with the following statements about fast food?

	Strongly agree	Agree	Disagree	Strongly disagree
a. Fast food is good value for the money				
b. Fast food is less expensive than making meals at home				
c. I think fast food is unhealthy for my child/children				
d. Fast food is fine in moderation				
e. When stressed for time, fast food is a good family option				

Q7. Do you feel your [x]-year-old child is...

1. Overweight
2. Underweight
3. About the right weight

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