

Mott Poll Questions



Depression

The following questions were answered by parents with children in middle, junior high or high school.

Q1. How confident are you that you would recognize the signs or symptoms of depression in your child?

1. Very confident
2. Somewhat confident
3. Not very confident
4. Not at all confident

Q2. What would make it hard for you to recognize the signs or symptoms of depression in your child?

1. We don't talk about feelings much
2. Not sure what the signs of depression are
3. Teen is good at hiding feelings
4. I don't spend much time with my teen
5. Hard to tell normal teen ups and downs from possible depression
6. Other
7. Nothing would make it hard

Q3. How confident are you that your child would recognize signs or symptoms of depression in himself/herself?

1. Very confident
2. Somewhat confident
3. Not very confident
4. Not at all confident

Q4. How likely is your child to talk with you or their other parent, or ask you or their other parent for help, if they were feeling depressed?

1. Very likely
2. Somewhat likely
3. Not likely
4. Don't know

Q5. How likely is your child to talk with someone else or ask someone else for help if they were feeling depressed?

1. Very likely
2. Somewhat likely
3. Not likely
4. Don't know

Q6. What other person would your child be most likely to talk with?

1. An adult family member or friend
2. Teacher
3. Coach
4. Counselor or other school staff
5. Health care provider
6. Clergy/someone at religious institution
7. Another teen (family or friend)
8. Other person
9. Nobody – would not talk with someone else about it
10. Don't know

Q7. Do you think your child's school should screen all students for depression?

1. Definitely yes
2. Probably yes
3. Probably no
4. Definitely no

Q8. At what grade level should schools begin screening students for signs and symptoms of depression?

1. 6th
2. 7th
3. 8th
4. 9th
5. 10th
6. 11th
7. 12th
8. None – should not be done at school

Q9. Does your child know a peer/classmate with depression?

1. Yes
2. No
3. Not sure

Q10. Does your child know a peer/classmate who committed suicide?

1. Yes
2. No
3. Not sure

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