

# Mott Poll Questions



## *Belly Pain*

*The following questions were answered by parents with children age 3-10 years old.*

Q1. How often does your [x]-year old child complain about belly pain?

1. Frequently – Several times a month
2. Often – About once a month
3. Occasionally – A few times a year
4. Rarely – Once a year or less
5. Never

*[If Q1 = 1,2,3, or 4]*

Q2. What have been the causes of your [x]-year-old child's belly pain? *Select all that apply.*

1. Gas / indigestion / constipation
2. Virus / infection
3. Injury / muscle strain
4. Worry / anxiety
5. Trying to get attention
6. Trying to avoid school ("faking it")
7. Other
8. None of the above

*[If Q1 = 1,2,3, or 4]*

Q3. What do you usually do to figure out the cause of your [x]-year-old child's belly pain? *Select all that apply.*

1. Probe child's belly to see where it hurts
2. Have child lay down and see if pain gets better
3. See if child can continue regular activity
4. Take child's temperature
5. Have child describe the pain
6. Other
7. None of the above

*[If Q2 = worry/anxiety]*

Q4. What do you do when you suspect your [x]-year-old child's belly pain is due to anxiety or worry? *Select all that apply.*

1. Breathing or relaxation exercises
2. Talk with child about cause of anxiety
3. Distract child (e.g., stories, videos)
4. Allow child to miss school or other activity/situation related to the worry
5. Other

[If Q1 = 1 or 2]

Q5. Have you talked with your child's health care provider about your child's belly pain?

1. Yes
2. No
3. Unsure

Q6. When your [x]-year-old child has belly pain, how likely are you to give the following over-the-counter products?

	Very likely	Somewhat likely	Not likely
a. Medicine for upset stomach (such as Pepto Bismol, Kaopectate)			
b. Stool softener			
c. Pain reliever			
d. Probiotics			

Q7. How confident are you in being able to tell when your child's belly pain might be a sign of a serious problem?

1. Very confident
2. Somewhat confident
3. Not confident

Q8. If your child's belly pain includes the following, how likely are you to contact your child's doctor or go to the ER/urgent care?

	Very likely	Somewhat likely	Not likely
a. Blood in stool			
b. A "sharp" pain (like a knife or punch in belly)			
c. Diarrhea			
d. Fever			
e. Belly is hard			
f. Belly is swollen			
g. Pain continues for more than 6 hours			

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