

Mott Poll Questions



Eye Health

The following questions were answered by parents with children age 3-18 years old.

Q1. In general, how much do the following impact children's vision and eye health?

	Major impact	Minor impact	No impact
a. Amount of screen time each day			
b. Reading in poor light			
c. Wearing sunglasses when outdoors			
d. How close they sit to TV/screen			
e. Diet, especially Vitamin A			
f. "Blue light" from screens			

Q2. Do you do the following to protect your [x]-year-old child's eyes?

	Yes	No
a. Set limits on the amount of screen time		
b. Make sure child has adequate reading light		
c. Have child wear sunglasses when outdoors		
d. Remind child to move back from screen		
e. Have child eat foods with Vitamin A/take Vitamin A		
f. Have glasses that block blue light		

Q3. Does your [x]-year-old child wear protective glasses or goggles when doing the following activities?

	Yes	No	N/A- child doesn't do this activity
a. Working with tools (such as lawnmower, hammer, drill)			
b. Playing shooting games (such as BBs, Airsoft, paintball, Nerf guns)			
c. Playing contact sports (such as hockey, lacrosse, soccer, baseball)			

Q4. In the past 2 years, has your [x]-year-old child had his/her vision tested during a visit to the pediatrician or family doctor?

1. Yes
2. No
3. Unsure

Q5. In the past 2 years, has your [x]-year-old child had his/her vision tested at school or daycare?

1. Yes
2. No
3. Unsure

Q6. In the past 2 years, has your [x]-year-old child seen an eye doctor (optometrist, ophthalmologist)?

1. Yes
2. No
3. Unsure

Q7. Does your child's health insurance cover visits to an eye doctor (optometrist, ophthalmologist)?

1. Fully covered
2. Partially covered
3. Not covered
4. Unsure

All information is the sole property of the University of Michigan C.S. Mott Children's Hospital National Poll on Children's Health. It can only be used if there is an acknowledgment that "The information came from, is copyright by and is owned by and belongs to the Regents of the University of Michigan and their C.S. Mott Children's Hospital National Poll on Children's Health. It cannot be republished or used in any format without prior written permission from the University."



C.S. Mott Children's Hospital National Poll on Children's Health

*Co-Director: Sarah J. Clark, MPH
Co-Director: Susan J. Woolford, MD, MPH
Faculty Collaborator: Olivia Killeen, MD
Contributing Editor: Gary L. Freed, MD, MPH
Poll Manager: Dianne C. Singer, MPH
Data Analyst: Acham Gebremariam, MS
Publication Designer: Sara L. Schultz, MPS
Contact: <https://MottPoll.org> | Twitter: @CSMottPoll*