

Mott Poll Questions



Body Image

The following questions were answered by parents with children age 8-18 years old.

Q1. What aspects of your [x]-year-old child's appearance cause him/her to be self-conscious? Select all that apply.

1. Weight
2. Height
3. Acne/skin condition
4. Facial features
5. Hair
6. Teeth
7. [if child is female] Breasts/figure
8. Other
9. None – not self-conscious about appearance

Q2. Have you noticed your child do any of the following because he/she is self-conscious about his/her appearance?

	Yes	No
a. Make negative comments about their appearance		
b. Avoid being in photos		
c. Hide their appearance (e.g., hats, baggy clothes)		
d. Restrict what they eat in an unhealthy way		

Q3. How does your [x]-year-old child's view of his/her own appearance impact his/her:

	Positive impact	Negative impact	No impact	Unsure
a. Self-esteem				
b. Willingness to try things				

Q4. Has your [x]-year-old child been treated unkindly because of his/her appearance by any of the following people?

	Definitely yes	Possibly yes	No	Don't know
a. Teachers				
b. Peers/other children				
c. Health care providers				
d. Family members				
e. Strangers				

Q5. Was your child aware of the unkind treatment?

1. Yes
2. No
3. Unsure

Q6. Did you do any of the following in response to the unkind treatment? Select all that apply.

1. Talked with person who treated child unkindly
2. Kept child away from person who treated child unkindly
3. Talked with child
4. Other
5. Did not do anything

Q7. Do you think your child's view of himself/herself is:

1. More affected by in-person interactions
2. More affected by social media
3. Affected equally by in-person interactions and social media

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