



Mental Health Services for Children and Adolescents: Missed Opportunities in Primary Care & Barriers to Specialty Care

Survey Questions — For parents with children age 5-17 years

The term "mental health" includes a wide variety of issues, such as attention and behavior issues, alcohol and drug abuse, autism, anxiety, depression, bipolar disorder, personality disorders, and schizophrenia.

Some mental health concerns can be addressed by primary care doctors who take care of general medical problems. There are also specialty mental health services provided by professionals such as psychologists, psychiatrists and social workers.

We are interested in learning about how your child(ren) and you may have used primary care and specialty mental health services in the past.

Q1. When was the last time you talked with a child(ren)'s primary care doctor about mental health concerns that you had for your child(ren)?

- Within the last year
- Within the last 2 years
- Within the last 5 years
- More than 5 years ago
- Never

Q2. How often does your child(ren)'s primary care doctor ask whether you have concerns about their mental health?

- Regularly
- Sometimes
- Never

Q3. When was the last time your child(ren) used specialty mental health services (e.g., psychologist, psychiatrist)?

- Within the last year
- Within the last 2 years
- Within the last 5 years
- More than 5 years ago
- Never

Q4. Has there been a time when you could not get specialty mental health services that you wanted for your child(ren)?

Yes

No

[If Q4=Yes, then Q5]

Q5. Why could you not get specialty mental health services for your child(ren)? (Select all that apply)

Costs too much

Difficult to find a provider

Could not get an appointment in a timely fashion

Did not know where to go

Could not get child to go for services

Other [write-in]

Q6. Which best describes your oldest child's health insurance coverage for mental health services?

Covered in full

Limited coverage

Not covered

Unsure

Participants were also asked demographic questions on age, gender, health status, annual household income, education, race/ ethnicity, health insurance status and the presence of children in the household. Parents were also asked questions regarding child(ren)'s age, gender, health status and diagnosed health conditions.

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