

# Mott Poll Questions



## *Discipline for Young Children*

*The following questions were answered by parents with children age 1-5 years old.*

Q1. How are you deciding what discipline strategies to use with your [x]-year-old child? *Select all that apply.*

1. Discuss with child's other parent
2. Talk with family and friends
3. Outside sources (parenting books, articles, social media)
4. Discuss with healthcare provider
5. Use what worked with me
6. Not really thinking about it

Q2. How often do you use the following strategies when your [x]-year-old child is misbehaving?

	Often	Occasionally	Rarely	Never
a. Put child in time out				
b. Speak firmly				
c. Redirect to another activity				
d. Give warning				
e. Offer "bribe" to behave better				
f. Spank				

Q3. Overall, how effective are your discipline strategies?

1. Very effective
2. Somewhat effective
3. Not effective

Q4. Have you used any of the following threats when trying to get your [x]-year-old child to behave?

	Yes	No
a. Leave activity/place		
b. No dessert		
c. No Santa/gifts		
d. Take away toys/electronics		

Q5. How consistent are you in disciplining your [x]-year-old child?

1. Very consistent
2. Somewhat consistent
3. Not consistent

Q6. What makes it difficult to be consistent with discipline? *Select all that apply.*

1. I'm too tired to be consistent
2. Strategies don't always work
3. I don't want my child to disturb others / have a tantrum in public
4. I get too irritated when my child misbehaves
5. Child is too young to understand
6. I react before remembering my strategies
7. None of the above

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